



Club Fit Frog Waiver / Release

There are certain risks that are inherent in any Fit Frog Adventures Hiking Club (Club Fit Frog) activity. As a Fit Frog Adventures Hiking Club (Club Fit Frog) participant, I the undersigned, agree to accept personal responsibility for my own safety. By participating in Club hikes, snowshoe outings or cross-country ski days, I agree to hold harmless and free from blame the Fit Frog Adventures Hiking Club (Club Fit Frog), its directors, volunteer leaders, and other members from any such accident, injury, or illness which might be sustained from participating in Club Fit Frog activities. This release and the benefits falling therefrom shall be binding upon the heirs, executors, administrators and assigns of the undersigned.

Signature _____

Name _____

Address _____ Postal code _____

Telephone _____ Email _____

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